



<p>3 French Toast Stiks Sausage Patty Fresh, chilled Fruit or Juice Milk</p>	<p>4 Choice of: Cinnamon Roll Sausage/Biscuit Cereal Toast Fruit or Juice Milk</p>	<p>5 Choice of: Brkfst Pizza Bagel Sausage/Biscuit Cereal Toast Fruit or Juice Milk</p>	<p>6 Choice of: Cheese Toast Sausage/Biscuit Cereal Toast Fruit or Juice Milk</p>	<p>7 Choice of: Sausage Patty Biscuit Cereal Toast / Jelly Fruit or Juice Milk</p>
<p>10 French Toast Stiks Sausage Patty Fresh, chilled Fruit or Juice Milk</p>	<p>11 Manager's Choice To be announced!</p>	<p>12 Choice of: Scrambled Eggs Sliced Ham Sausage / Biscuit Cereal Toast / Jelly Fruit or Juice Milk</p>	<p>13 Choice of: Pancakes Sausage / Biscuit Cereal Toast Fruit or Juice Syrup Milk</p>	<p>14 Choice of: Sausage Patty Biscuit Cereal Toast / Jelly Fruit or Juice Milk</p>
<p>17 French toast Stiks Sausage Patty Fresh, chilled Fruit or Juice Milk</p>	<p>18 Choice of: Breakfast Pizza Sausage / Biscuit Cereal Toast Fresh, chilled Fruit or Juice Milk</p>	<p>19 Manager's Choice To be announced!</p>	<p>20 Choice of: Ham, Egg & Cheese Wrap Sausage / Biscuit Cereal Toast Fruit or Juice Salsa / Milk</p>	<p>21 Choice of: Sausage Patty Biscuit Cereal Toast / Jelly Fruit or Juice Milk</p>
<p>24 French Toast Stiks Sausage Patty Fresh, chilled Fruit or Juice Milk</p>	<p>25 Choice of: Cereals Toast Fruit or Juice Milk</p>	<p>26 Choice of: Cereals Toast Fruit or Juice Milk</p>	<p>27 Choice of: Cereals Toast Fruit or Juice Milk Early Release! Summer Time!!</p>	<p>28 Staff Workday Student Holiday!</p>

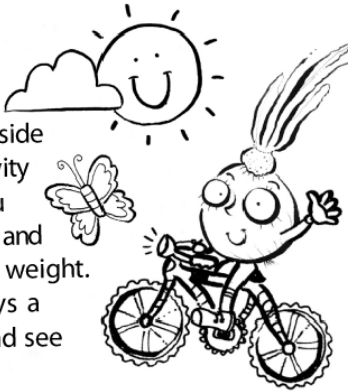
31

Menu is
Subject to change!

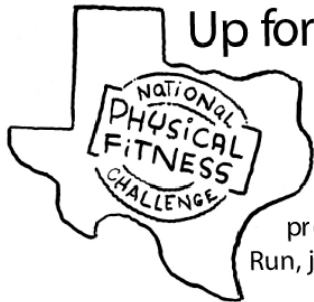


Springtime is here!

Springtime is here! Time to get outside and exercise. Regular physical activity makes your heart happy, keeps you flexible, strengthens your muscles and helps you maintain a healthy body weight. Exercise 30 minutes a day, five days a week — at school or at home — and see how good you feel!



Up for a challenge?



May is National Physical Fitness and Sports Month. This is a great time for Texans of all ages to set a fitness goal and keep track of their progress. What is your fitness goal? Run, jump or skip toward it starting today!

May is also Family Wellness Month. To improve the health of your family, do fun things together. Here are some ideas:

- Use MyPyramid to plan meals and snacks the whole family will love.



- Let each family member choose a physical activity for everyone to enjoy.

- Record each family member's fitness goals in a notebook where everyone can track their progress.

- Can you think of other ways to get your family on the fast track to wellness?

Check Out the CAFETERIA BUZZ



Have a Fun-Filled Safe Summer!

Find out the amount of healthy food you need each day by getting your personal food guide pyramid at www.mypyramid.gov. Square Meals is the Texas Department of Agriculture's school nutrition education and outreach program, funded by the U.S. Department of Agriculture, Food and Nutrition Service. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.

Crunch & Munch



Crunch & Munch comics by Missi Jay.

Hey, Munch. What's green and sings?

I have no idea.

Elvis Parsley!



THANK YOU VERY MUCH!



Ha! Did you know that parsley is the world's most popular herb?

I did not know that.

It is! And did you know it contains three times as much vitamin C as oranges and twice as much iron as spinach?



No. But I do know another joke. What kind of nuts always seem to have a cold?

I don't know.

Cashews!

